



EDAN NEWS

June 2025


We can't quite believe it, but we're now into our second year of the EDAN Hub, and it's been brilliant to see so many families continuing to make the most of the support on offer.

We've had lovely feedback about being able to book time with staff, and we always want to hear more. Whether it's something that worked well or something we could do better. Just get in touch, and if you'd rather speak to someone directly, we can arrange that, too.

For those new to us, EDAN Hub brings together over 40 professionals from seven different services to support families, children and young people. We're here to create inclusive, welcoming spaces where everyone feels they belong.

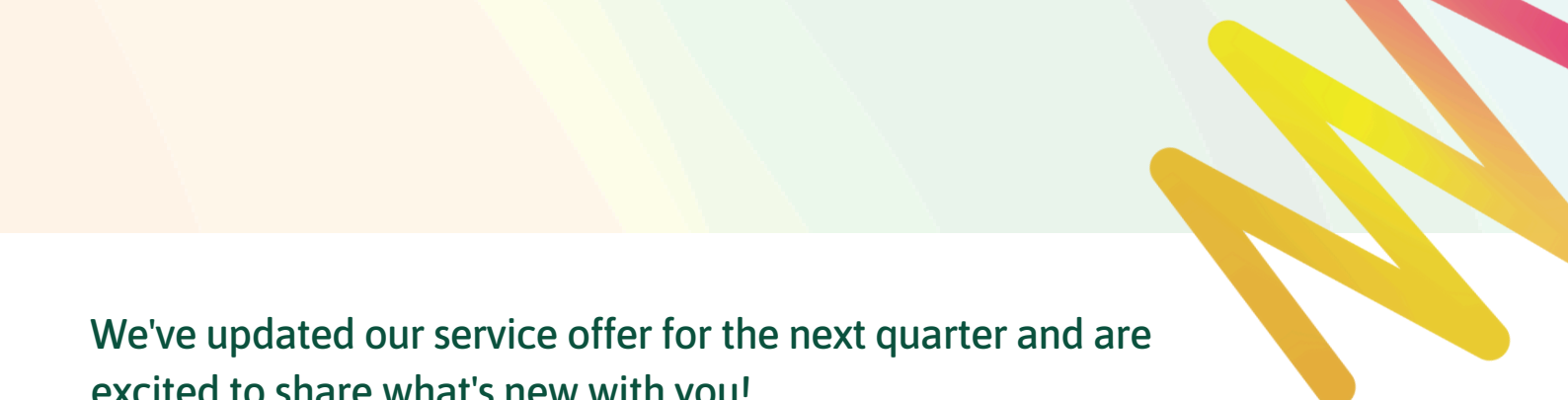
Our updated offer from July to September 2025 includes new sessions from our Speech and Language Therapy and Occupational Therapy colleagues. A big welcome to them!

Things may look a little different over the summer, but you'll find everything you need on our website. Thanks for being part of our community. Here's to another great year!



We want to hear from you!

Every three months, we'll update our offer based on your feedback, ensuring that our services continue to meet the needs of families. You'll find these updates on our website and through quarterly newsletters just like this one!



We've updated our service offer for the next quarter and are excited to share what's new with you!

New from Occupational Therapy and Speech and Language Therapy

We're pleased to introduce new Parent Information Sessions and one-to-one Next Step Appointments from our colleagues in Occupational Therapy (OT) and Speech and Language Therapy (SLT).

OT Next Step Appointments

Who It's For: This service is for parents/carers of children and young people with disabilities or neurodiversity who require support with everyday living skills i.e. getting dressed, using cutlery, toileting skills.

SALT Next Step Appointments

Who It's For: SLT Next Step Appointments offer time with a specialist speech and language therapist to discuss concerns around your child's communication or neurodevelopment. These sessions can also support families following a neurodevelopmental diagnosis, offering signposting and next steps.

Parent Information Sessions

We're also offering new group sessions focused on topics including:

- Gestalt Language Processing
- Intensive Interaction
- Sensory Processing
- Everyday Living Skills
- Supporting communication through play and daily routines

How to access these services:

You can find more details and book the above sessions through our website.



New from Kindred: Upcoming E-PAtS Groups – Support for Parents and Carers

Kindred will be offering new E-PAtS (Early Positive Approaches to Support) groups this autumn.

Who It's For: These groups are for parents and carers of children aged 0 to 7 with a learning disability, global developmental delay, or autism.

What to expect:

The 8-session programme offers a safe, welcoming space to explore topics like emotional wellbeing, communication, sleep, and positive approaches to behaviour. Each group is co-facilitated by a trained professional and a family carer.

How to access these services:

Two groups are provisionally scheduled:

- In-person at Oaklands: Wednesdays, 23 October – 3 December, 10:00am – 12:30pm
- Online: Thursdays, 24 October – 4 December, 10:00am – 12:30pm

To find out more or book your place, call 0800 031 5793 or email enquiries@kindred-scotland.org.



Something to Celebrate

EDAN Hub is built on community, and every now and then, we get a reminder of just how much that community means to the families we support.

Here are just a few things parents and carers have shared with us recently:

“It’s such a relief for us as parents. We’ve seen what our child has gone through from the worst to the best.”

“When they’re free like this, he doesn’t need to pretend! All the other kids are being themselves too!”

Whether it’s feeling more confident speaking with professionals, enjoying a moment of respite, or simply seeing their child play freely—these moments matter.

“Smooth sailing—this has been a Godsend, a lifeline.”

“You’re filling a gap... There’s a gap between mainstream and special, and it’s a gap that’s widening. You are part of the solution.”

If you've experienced something that made a difference for you or your family, we'd love to hear about it! Let us know what you thought was great, and we'll feature it here to inspire and celebrate together.

Share your story



enquiries@edanhub.scot



07526 565 672

You can also leave anonymous feedback through our quick online form
Your voice helps shape the Hub. Thank you for being part of it.



<https://bit.ly/EdanHub>

Looking ahead

Each quarter, we'll update our services, and you can find a printable version of all upcoming sessions on the next page. You can also view these on our website.

Best wishes

EDAN Hub Team

The Yard, Edinburgh

Mondays

Next Step Appointments (OT) (Play floor meeting room)

10am and 11am

[Book online](#)

Next Step Appointments

Mindroom: 12:30 - 2:00pm

Tailor Ed: 2:30 - 4:00pm

[Book online](#)

Mondays and Tuesdays

EDAN Family Sessions

EYS Session: 10:00 - 11:30am

Session two: 12:30 - 2:00pm

Session three: 2:30 - 4:00pm

[Book online](#)

Tuesdays

Social Work Advice (fortnightly) (Play floor meeting room)

10:00 am and 11:00am

[Book online](#)

Next Step Appointments (Play floor meeting room)

Kindred: 12:30 - 2:00pm

Tailor Ed: 2:30 - 4:00pm

[Book online](#)

Barnardos, Oxfangs

Mondays

Cygnnet Parenting Course

10am - 1pm

[Contact to book](#)

Next Step Appointments (SLT) (Green room)

10am and 11am

[Book online](#)



Social Work Advice (fortnightly) (Green room)

10:00am and 11am

[Book online](#)



Next Step Appointments (Green room)

Kindred: 1:00 - 2:30pm

[Book online](#)



Fridays

Next Step Appointments (Green room)

Tailor Ed: 10:30 - 12:00pm

Mindroom: 12:30 - 2:00pm

[Book online](#)



Community spaces

Monday - Friday

Family Advice & Outreach / Children & Young People Support and Advocacy

Mindroom: [Contact to book](#)

Advocacy for parents and carers

Kindred: [Contact to book](#)

Wellbeing groups for children and young people

Tailor Ed: [Contact to book](#)

EPAts

Kindred at Oaklands

Wed: 10:00am – 12:30pm

Kindred online

Thurs: 10:00am – 12:30pm

[Contact to book](#)

Zones of Regulation with Tailor Ed at No6

Tues: 10:00am - 11:00am

Online

Mondays

SLT Parent Info Session

10am- 11:30am

Cygnnet Parenting Course

Barnardo's

6:00pm - 8:30pm

Tuesdays

Parent Info Sessions

CAMHS-ID

10:00am - 11:30am

[Book online](#)

Zones of Regulation

Tailor Ed

8:00pm – 9:00pm

[Book online](#)

Wednesdays

Zones of Regulation

Tailor Ed

1:00pm – 2:00pm

[Book online](#)

Contact us

For more information about each service,
visit our website at:

www.theyardscotland.org/edan-hub

or get in touch with us directly at:

enquiries@edanhub.scot

or by phone at:

07526 565 672

Making our services accessible

Site access information is provided for all services

All next stop appointments can be accessed in-person,
online or on the phone.



Symbol indicates that childcare can be requested
during your in-person appointment.